



ADVANCING **KINGDOM** INFLUENCE



Inspire Leadership **E-Summit** 2026



*Building Healthy
Families!*

Building Healthy Families!

Psalms 127:1-3

Building is a process that involves vision, time, the builders and the building materials

God the Architect appointed the Husband and his Wife to be the primary builders.

Buildings reflect the character of the builder. Great buildings reflect great builders and sloppy buildings reflect sloppy builders.

***Family is
Foundational!
Genesis 2:18***

Family is God's idea. He created family and established it for His glory to be revealed in the world.

Family was designed by God for the success and wellbeing of His people.

Family is foundational: Its the basic building block for a strong, healthy and happy Community and Nation.

God has attached His blessing on the leadership, cities and the nation to the state of the family. When families obey, the nation is blessed.



*Family
Today is
under Siege!*

Family is facing major challenges spiritually, globally, locally and on personal level.

Family is facing tremendous pressure to conform : redefinition of family and marriage, redefinition of gender and roles, removal of ancient boundaries

There's an increase in separation and divorce, domestic violence, adultery, addiction, challenges in parenting and money fights, etc

Building Healthy Families demands Resilience!



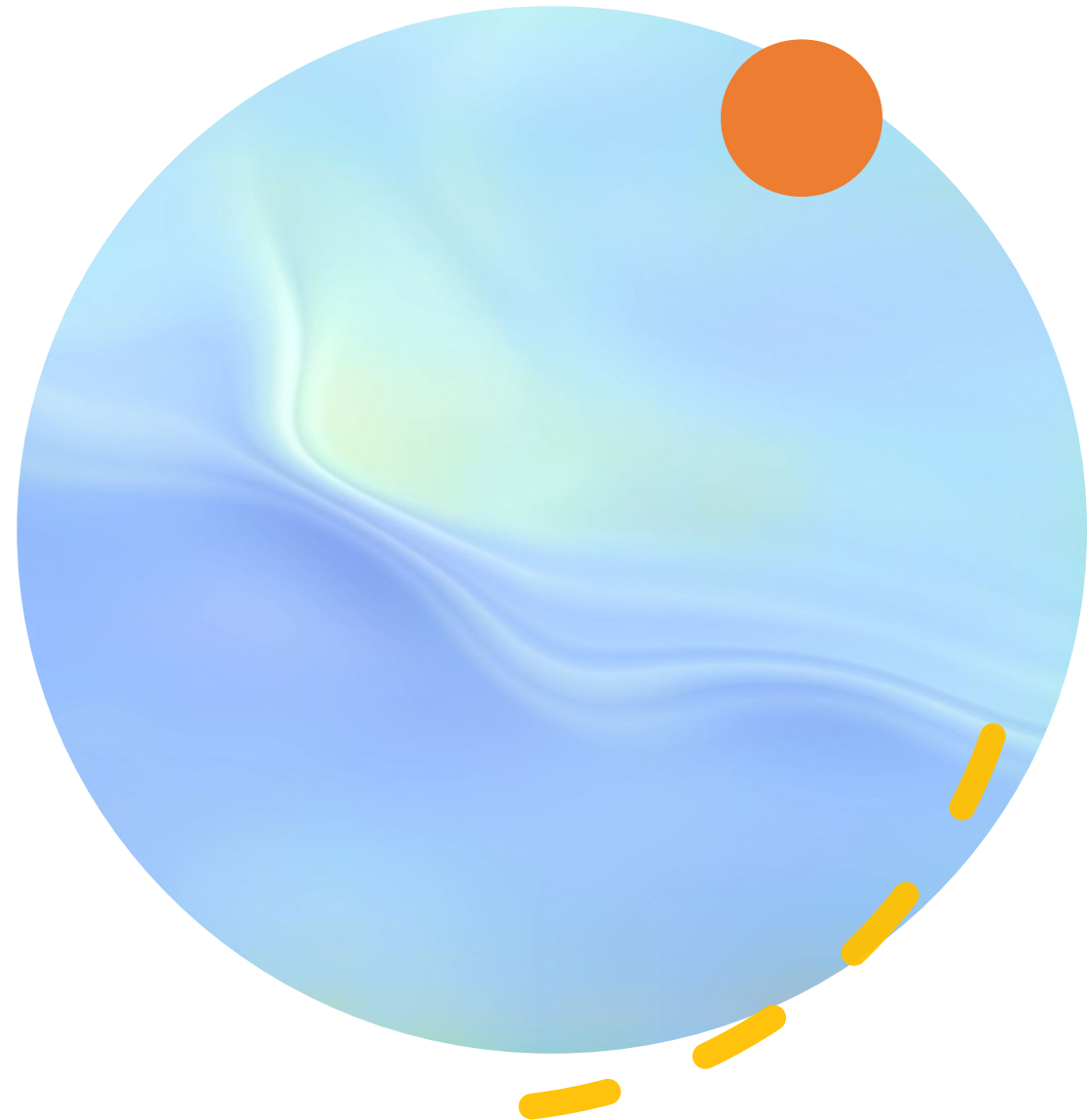
The Capacity to recover quickly from difficult and tough situations



The Elasticity of a substance or object to spring back into shape;



The Ability to Bounce back from the stresses and Adversity of life.



The Resilient Family!

RUTH and NAOMI in the Bible.

Reflected the character of Christ! “In the high or the low of love, in sickness or in health, in adversity or serenity, with In-laws, terminal illness”

Honored marriage ! Navigated every season of marriage with wisdom (honeymoon, adjustment, babies, maids, loss of job, lockdown) with dignity.

Resilience in the Bible.

2 Corinthians 4:6 -10 NIV

6 “For God, who said, “Let light shine out of darkness,” made his light shine in our hearts to give us the light of the knowledge of God’s glory displayed in the face of Christ.” 7 “But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us.”

8 “We are hard pressed on every side, but not crushed; perplexed, but not in despair;” 9 “persecuted, but not abandoned; struck down, but not destroyed.” 10 “We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.”

Paul's Resilience

He exercised capacity to recover from all his difficulties.

He sprang back to shape without losing his purpose.

He did not stay down or accept defeat.

He pulled himself up to get back to his calling.



Steps to Building Resilience in Families.

1

Stand on God's Word.

2

Walk in the Ways of God.

3

Invest in your Family.

4

Apply Godly Wisdom

Stand on God's Word: Psalm 127:1

God's Word is solid and stable ground to stand on for any situation.

God's Word is our access to Salvation, Blessing, Healing, Restoration, Prosperity and many more promises.

*Believing the Living Word of God breathes life back into our families.
Mark 11:23-24*

As a Family read Gods word and pray everyday.

Joshua 24:15- As For me and my Family, we shall serve the Lord

*Walk in the
Ways of God.*

God's Way is:

- ***Love: The most excellent way.***
- ***1 Corinthians 13***
- ***Sacrificial love- Christ endured the cross.***
- ***Prayer- The family that prays together stays together***
- ***Salvation: Put God first in all you do.***
- ***Parenting Gods way- Proverbs 22:6-***
- ***Despite the season you are in, navigate and practice TRUTH, COMMITMENT, FAITHFULNESS, and Forgiveness.***

God's Way is Walking in Forgiveness.

Forgiveness is clearing the record of those who have wronged you.

- **Forgiveness is a choice not a feeling .**
- **In the journey of love and marriage, we shall disappoint one another, but let us choose to forgive**
- **Matthew 18:21-22- How many times must I forgive?**
- ***Forgive, as Christ forgave you***

Forgiveness opens the door for Gods blessing- Story of Joseph . Genesis 50: 19-20

Invest in Your Family Relationships

Be intentional to invest in your family relationships

Ephesians 5:21- end

- *Nurture Love, Affection and Intimacy*
- *Fulfill biblical roles – Husband & wife*
- *Budget Quality & Quantity Time*
- *Encourage Open Communication*
- *Improve your Parenting skills*
- *Celebrate Milestones*
- *Small things that build intimacy*

Pursue unity and harmony. Psalm 133

Apply Godly Wisdom Matthew 7: 24

By Wisdom a house is built

Matthew 7:24 “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against the house ; yet it did not fall, because it had its foundation on the rock

- ❖ Wisdom guides daily choices
- ❖ Wisdom helps manage money matters
- ❖ Helps conflict resolution
- ❖ **Proverbs 24:3-4 By wisdom a house is built and by understanding it is established**



Conclusion:

Advancing Kingdom influence begins at home by Building Resilient Families.

We can do this by

- ***Getting Richer in God's Word.***
 - ***Committing to Follow God's Ways.***
 - ***Investing in our Family Relationships***
 - ***Applying Wisdom***
- 



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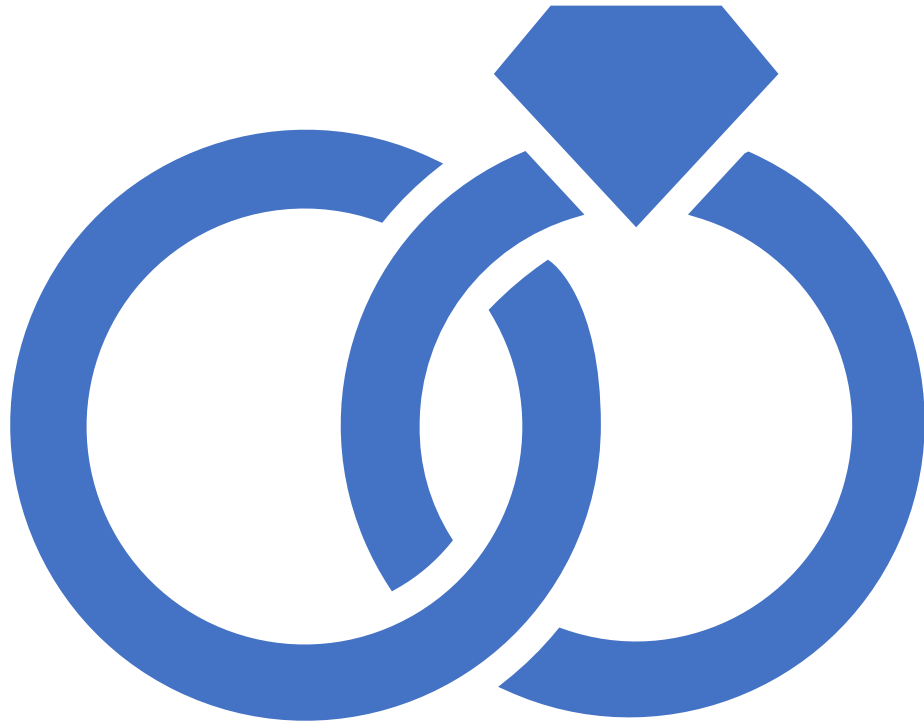


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OBJECTIVES

- **Restate the Kingdom perspective of Family.**
- **Expose the wrestle we are encountering.**
- **Challenge us to a Biblical Resilience.**

Why Build Resilience in Family?



- **The family is the primary place of learning; (learning relationships, spirituality, how to worship, the work ethic, sexuality, integrity and character).**
- **Deconstruction of the family unit (Divorce, polygamy, open marriages, triad marriages, collective marriages, part-time marriages), leads to social destruction.**
- **God has attached His blessing on the leadership, cities and the nation to the state of the family. When families obey, the nation is blessed.**
- **When Achan stole the gold, Israel was defeated in battle and sorrow prevailed.**

Keeping the faith in God that enables family to bounce back into His design and purpose after experiencing stressful events. Isaiah 43:1-4

Exercising one's will to stand strong in any aspects of the Family: (marriage, intimacy , health, finances, work, parenting, fitness, etc.)

Choosing to Re-surrender to the Biblical call to honor the marriage bed and live as a Covenant person and not a transactional person.

Standing against all odds to possess the promise of God concerning our lives.